

CHINMAYA ACADEMY FOR CIVIL SERVICES

CURRENT AFFAIRS

OCTOBER 10-13



TAMILNADU

1.Tamil Nadu Medical Graduate Wins 2nd Prize at BRICS Young Innovator Competition (2025):

- Sakthi Jaya Sundar Rajasekar, a medical graduate from Tamil
 Nadu, won the second prize at the BRICS Young Innovator Prize
 2025 held in Brazil.
- He was part of the Indian delegation of 11 young scientists and innovators attending the 10th BRICS Young Scientist Forum and the 8th BRICS Young Innovator Prize event.
- His AI-powered project developed a rapid diagnostic solution to combat Antimicrobial Resistance (AMR) using single-bacterium nanomotion dynamics.
- The innovation aims to provide faster detection and response to drug-resistant infections, improving healthcare outcomes.
- The themes of the event included:
 - Climate change mitigation and adaptation
 - Science diplomacy
 - Artificial intelligence for societal solutions
- The recognition highlights India's growing contribution to global scientific innovation and research leadership within the BRICS framework.
- The event promotes youth-driven science collaboration among BRICS nations Brazil, Russia, India, China, and South Africa to address shared global challenges.

2.Thirumalapuram Excavations Reveal Iron Age Culture Similar to Adichanallur (2025):

- The Tamil Nadu State Department of Archaeology (TNSDA)
 conducted excavations at Thirumalapuram in Tenkasi district,
 uncovering an Iron Age cultural site near the Western Ghats.
- Preliminary dating suggests the site belongs to the early to mid-third millennium BCE, making it contemporary with Adichanallur and Sivagalai.
- Excavators unearthed a rectangular stone slab chamber with urn burials, a first-of-its-kind discovery in Tamil Nadu.
- Ceramic finds include white-painted black-and-red ware, red ware, and black-slipped ware, indicating a rich pottery tradition.
- A total of 78 antiquities were recovered, including bone, gold, bronze, and iron artefacts such as swords, daggers, spears, and gold rings.
- The site's **urns feature unique symbols** (human figure, mountain, deer, tortoise), suggesting **ritual or cultural significance**.
- Findings confirm the continuity of Iron Age culture across
 Adichanallur, Sivagalai, Thulukkarpatti, and Korkai, with the 35-acre site located between two seasonal streams near
 Kulasegarapereri tank.

3.Vidiyal Payanam' Scheme Expanded for Persons with Disabilities in Hilly Areas (2025–26):

- The Tamil Nadu Government expanded the 'Vidiyal Payanam' scheme, a zero-cost bus travel programme, to include persons with disabilities living in hilly regions along with their escorts.
- The scheme benefits individuals with 40% or above benchmark
 disabilities under 21 categories recognised by the Rights of Persons
 with Disabilities (RPwD) Act, 2016.
- The expansion takes effect from FY 2025-26, covering persons with disabilities in ghat and unserved areas.
- Around 1,100 beneficiaries and their escorts are expected to benefit from this initiative.
- Free travel is permitted in 'white board' buses (ordinary fare buses)
 operated by State Transport Undertakings (STUs).
- Coverage limit: up to 35 km in fully or partially ghat routes and 40 km in unserved rural areas.
- The Department for the Welfare of Differently Abled Persons sanctioned ₹88.65 lakh as subsidy to STUs for implementing the scheme expansion.

INDIA

4.NeGD-NeSL MoU 2025:

- The National e-Governance Division (NeGD) under MeitY signed an MoU with National e-Governance Services Ltd (NeSL) at the Global Fintech Fest 2025.
- The MoU aims to **integrate digital document management** between government and businesses.
- It links NeGD's Entity Locker (DigiLocker extension) with NeSL's
 Digital Document Execution (DDE) system.
- Enables digital, paperless, and legally valid execution of e-Bank
 Guarantees (e-BGs).
- **Processing time** for guarantees reduced from **days to minutes** through a secure, tamper-proof system.
- The initiative enhances **Ease of Doing Business** and supports **MSMEs** with faster digital access.
- Strengthens digital governance, transparency, and data security in India's financial ecosystem.

5.India's Record Renewable Energy Growth - 2025

- India's solar and wind energy achieved record growth in the first half
 of 2025, cutting 24 million tonnes of emissions.
- **Solar generation** increased by **17 TWh (25%)**, raising its share to **9.2%** of total power.
- **Wind power** rose by **11 TWh (29%)**, reaching **5.1%** of total electricity generation.
- **Nuclear and hydro power** also grew by **14**% and **17**%, strengthening the clean energy mix.
- Coal-based power declined by 22 TWh, and gas-based power fell by 34%.

- Overall **electricity demand grew only 1.3**%, the slowest since COVID-19.
- India maintained strong **renewable momentum**, marking progress toward a **low-carbon power sector**.

6.PM VIKAS-IIT Palakkad Skilling Initiative for Minority Empowerment (2025)

- The Ministry of Minority Affairs launched a key skilling project under the Pradhan Mantri Virasat Ka Samvardhan (PM VIKAS) scheme in October 2025, in partnership with IIT Palakkad, Kerala.
- The initiative aims to empower minority youth through advanced technical training in emerging technology fields such as chip design, embedded software, and drone R&D.
- A total of 400 candidates will be trained 150 as Junior Chip
 Designers, 150 as Embedded Software Engineers, and 100 as Junior
 Engineers in Drone Research & Development.
- The **Ministry will fully fund** the programme, including **stipends** for all trainees, ensuring equal access and participation.
- IIT Palakkad will lead training, innovation, and provide placement support for both employment and self-employment opportunities.
- The project aligns with national goals of inclusive growth, innovation, and future-ready skill development for marginalized communities.
- It is expected to reduce socio-economic disparities and enhance the participation of minorities in India's high-tech and digital economy sectors.

7.Revamped Sugamya Bharat App Launched – Promoting Digital Accessibility (2025):

- The Government of India launched the revamped Sugamya Bharat
 App at the Purple Fest in Goa, under the Department of
 Empowerment of Persons with Disabilities (DEPwD), Ministry of
 Social Justice and Empowerment.
- Originally part of the Accessible India Campaign, the upgraded app now serves as a comprehensive digital hub for persons with disabilities, offering schemes, scholarships, jobs, and grievance redressal in one platform.
- Designed with a user-first and accessibility-first approach, the app supports screen readers, voice navigation, and multiple Indian languages, ensuring inclusivity across Android and iOS platforms.
- Introduces a unique accessibility mapping feature, allowing users to locate, rate, and review public spaces based on accessibility standards, promoting community engagement and transparency.
- The app integrates government welfare schemes, educational resources, and employment opportunities, simplifying access to key services for persons with disabilities.
- A built-in grievance redressal system enables users to report inaccessible infrastructure directly, ensuring faster response and accountability from authorities.
- Developed through a collaborative effort involving SBI Foundation,
 NAB Delhi, ISTEM, and Mission Accessibility, showcasing a public-private partnership for inclusive technology innovation

INDIAN ECONOMY

8. Expansion of National Agriculture Market (e-NAM) - 2025

- The **National Agriculture Market (e-NAM)** expanded its list of tradable commodities from **238 to 247** in 2025.
- Nine new commodities were added Green Tea, Tea, Ashwagandha,
 Dry Roots, Mustard Oil, Lavender Oil, Mentha Oil, Virgin Olive Oil, and
 Broken Rice.
- The expansion aims to enhance digital market integration and ensure fair, transparent pricing for farmers and traders.
- Tradable parameters were developed by the Directorate of Marketing and Inspection (DMI) with SFAC and experts to link price directly with quality.
- The initiative strengthens farmers' bargaining power and reduces dependence on middlemen.
- It supports the government's goal of digitally empowering farmers and promoting quality-based agricultural trade.
- The new quality parameters are available on the e-NAM portal (enam.gov.in) for transparent and standardized online trading.

9. Draft National Labour and Employment Policy 2025 - Shram Shakti Niti

- The Government of India released the draft "Shram Shakti Niti,
 2025", aiming to build a universal and portable social security
 system for all workers across sectors.
- Proposes a single universal account integrating EPFO, ESIC, PM-JAY,
 e-SHRAM, and State Welfare Boards for seamless access and
 portability of benefits.
- Focuses on Occupational Safety and Health reforms through riskbased inspections, gender-sensitive safety standards, and AIenabled monitoring to reduce workplace fatalities.
- Aims to increase female labour-force participation to 35% by 2030 and reduce informal employment via digital compliance and MSME single-window systems.
- Promotes skills development and employment facilitation through district-level job cells, career guidance, and skill-credit systems to support youth and entrepreneurs.
- Prioritises creation of green and decent jobs, ensuring a just transition for workers impacted by the shift toward sustainable and climate-aligned industries.
- Implementation planned in three phases (2025–2030) with real-time dashboards, AI-driven data architecture, and an annual Labour & Employment Policy Evaluation Index for continuous monitoring.

10.PM Dhan Dhaanya Krishi Yojana & Mission for Aatmanirbharta in Pulses – 2025

- The Government of India launched two major agricultural schemes in 2025 — the PM Dhan Dhaanya Krishi Yojana and the Mission for Aatmanirbharta in Pulses, with a combined investment of ₹35,000 crore targeting 100 districts.
- PM Dhan Dhaanya Krishi Yojana integrates 36 government schemes
 to promote crop diversification, sustainable farming, irrigation,
 storage, and rural credit access.
- The Dalhan (Pulses) Aatmanirbharata Mission focuses on increasing pulse production, improving procurement and processing, and ensuring nutritional security for nearly two crore pulse farmers.
- Both schemes align with the Aspirational Districts Programme,
 prioritising development in 100 previously backward districts through convergence, collaboration, and competition.
- India's agricultural output has significantly grown since 2014 —
 foodgrain production up by 90 million tonnes, with the country now
 leading globally in milk and ranking second in fish production.
- Over 10,000 Farmer Producer Organisations (FPOs) and initiatives like 'Lakhpati Didis' empower women farmers through natural farming, drone use, and eco-friendly practices.
- Infrastructure worth ₹5,450 crore launched in animal husbandry,
 fisheries, food processing, and cold chains, alongside GST reforms
 lowering costs of tractors, irrigation tools, and bio-fertilisers to boost
 farmer income and exports.

11.India Declares Three Major Ports as Green Hydrogen Hubs – 2025:

- The Government of India designated Deendayal Port (Gujarat), V.O.
 Chidambaranar Port (Tamil Nadu), and Paradip Port (Odisha) as official Green Hydrogen Hubs under its net-zero by 2070 strategy.
- The announcement was made by Union Minister Sarbananda
 Sonowal, highlighting the strategic role of ports in India's energy transition.
- Green hydrogen, produced from renewable energy sources like solar and wind, is crucial for decarbonising industries, transport, and power sectors.
- Ports act as strategic nodes for hydrogen production, storage, and distribution, leveraging their existing infrastructure and connectivity.
- The initiative adopts a cluster-based development model to enable shared infrastructure, reduce costs, and enhance collaboration across hydrogen projects.
- The establishment of Hydrogen Valley Innovation Clusters (HVICs)
 will promote technology development, investment, and large-scale
 hydrogen adoption.
- The recognition of these ports as hydrogen hubs is expected to attract
 new investments, generate green jobs, and boost sustainable
 industrial growth in coastal regions.

SCIENCE AND TECHNOLOGY

12.Discovery of New Giant Fungus Species – Bridgeoporus kanadii (Arunachal Pradesh, 2025)

- Researchers from the Botanical Survey of India (BSI) discovered a
 new giant fungus species named Bridgeoporus kanadii in the forests
 of Arunachal Pradesh.
- The fungus was found during a **monsoon mushroom survey** and grows in clusters on **old fir trees**.
- It was **named in honour of Indian mycologist Kanad Das** for his contributions to macrofungi research.
- The species is notable for its exceptionally large fruiting bodies, with the largest measuring over three metres in radius, capable of supporting human weight.
- DNA sequencing confirmed it as a new species within the Bridgeoporus genus, previously known only from North America and China.
- B. kanadii plays a vital ecological role in decomposing dead wood, aiding nutrient recycling and forest regeneration.
- The discovery highlights the ecological importance of fungi in maintaining forest ecosystem balance and calls for greater research beyond economic uses.

13.India's Cybersecurity Outlook 2025 – Rising Threats and National Response

- Cyber incidents in India surged sharply from 10.29 lakh in 2022 to 22.68 lakh in 2024, as internet connectivity reached over 86% of households by 2025.
- Fraud patterns have evolved with the rise of AI-driven deepfakes,
 phishing, spoofing, and UPI-related scams, while online betting
 apps caused frauds exceeding ₹400 crore.
- India's cybersecurity framework is anchored in key laws the
 Information Technology Act (2000), IT Rules (2021), Digital

 Personal Data Protection Act (2023), and the Online Gaming Bill (2025).
- CERT-In, NCIIPC, and I4C lead cyber defence through real-time monitoring, training, and response including 109 cybersecurity drills in 2025 and blocking of thousands of fraudulent SIMs and accounts.
- The Union Budget 2025 allocated ₹782 crore for cybersecurity projects, supporting initiatives like the National Cyber Crime Reporting Portal, CCPWC, and the Cyber Crisis Management Plan (CCMP).
- Advanced tools such as the Samanvaya Platform (crime-link analytics)
 and Sahyog Portal (unlawful content removal) enhance digital safety;
 the Bharat Cybersecurity Exercise 2025 tested national readiness.
- Awareness drives under the National Cyber Coordination Centre
 (NCCC) and India Mobile Congress 2025 stress public education, AI
 security, and 6G-IoT cyber resilience for a safer digital India.

14. Green Sea Turtle (Chelonia mydas) Upgraded to 'Least Concern' – IUCN Red List 2025

- The International Union for Conservation of Nature (IUCN) upgraded the Green Sea Turtle's Red List status from 'Endangered' to 'Least Concern' in 2025, marking a major conservation success.
- The global **green turtle population has increased by about 28**% since the 1970s due to sustained international protection measures.
- Green sea turtles are keystone species, maintaining coral reefs and seagrass meadows, which are vital for marine biodiversity and ecosystem balance.
- Conservation efforts such as nest protection, community-led antiharvesting programmes, and Turtle Excluder Devices (TEDs) in fisheries have significantly reduced mortality.
- Successful recovery projects in Ascension Island, Brazil, Mexico, and Hawai'i have helped subpopulations rebound close to pre-exploitation levels.
- Ongoing threats include illegal harvesting, fisheries bycatch, and habitat loss due to coastal development and climate change.
- Rising temperatures on nesting beaches, especially in Raine Island (Australia), threaten hatchling survival, highlighting the need for climate-resilient marine conservation strategies.

15.Tele MANAS 2025 – Upgraded National Tele Mental Health Programme

- On World Mental Health Day 2025, the Government of India launched new features for the National Tele Mental Health
 Programme (Tele MANAS) to enhance accessibility and inclusivity in mental healthcare.
- The **Tele MANAS app** now supports **10 additional regional languages** (Assamese, Bengali, Gujarati, Kannada, Malayalam, Marathi, Tamil,

- Telugu, Odia, Punjabi) alongside **English and Hindi**, improving outreach across linguistic groups.
- A chatbot named 'Asmi' was introduced to provide instant guidance and mental health information, along with a new emergency response module for real-time crisis assistance.
- Actor Deepika Padukone was appointed as Mental Health
 Ambassador, tasked with promoting awareness, reducing stigma, and encouraging the use of official mental health services.
- Since inception, Tele MANAS has handled over 2.8 million calls in
 20+ languages, with around 4,000 daily users, reflecting rising
 national mental health awareness and service utilisation.
- Developed by the Ministry of Health and Family Welfare with technical support from NIMHANS and IIT Bangalore, the platform ensures data privacy, scalability, and digital inclusivity for all users.
- The initiative aligns with India's goal of universal health coverage, complementing efforts under Ayushman Arogya Mandirs and the District Mental Health Programme to bridge the mental health treatment gap nationwide.

16. ₹1 Lakh Crore RDI Fund – Boosting Private Sector Innovation (2025)

- The Anusandhan National Research Foundation (ANRF) approved the creation of a Special Purpose Fund (SPF) to operationalise the ₹1 lakh crore Research, Development & Innovation (RDI) Fund.
- The Union Cabinet approved the RDI Fund on 1 July 2025, with the Department of Science & Technology (DST) as the nodal ministry for implementation.
- The Fund aims to accelerate innovation in sunrise sectors such as AI, semiconductors, clean energy, and biotechnology, promoting private sector-led R&D.

- It follows a two-tier structure ANRF holds the corpus in an SPF and channels funds to second-level fund managers like AIFs, DFIs, and NBFCs for deployment into startups and innovation ventures.
- Investment committees comprising experts from finance, business, and technology will make independent, market-driven decisions, ensuring professional fund management.
- The governance framework and financial rules, framed by DST with the Ministry of Finance, ensure transparency, accountability, and efficient fund utilisation.
- The initiative is expected to **catalyse private investment**, strengthen India's **innovation ecosystem**, and support the vision of making India a **global R&D and innovation hub**.

17.Diethylene Glycol (DEG) Poisoning in Cough Syrups – Renewed Safety Concerns (2025)

- At least 14 children died in Chhindwara, Madhya Pradesh (2025)
 after consuming DEG-contaminated cough syrup, reigniting global
 alarm over toxic pharmaceutical adulteration.
- Diethylene Glycol (DEG) is a colourless industrial chemical used in antifreeze, brake fluids, and solvents, not fit for human consumption due to its severe toxicity.
- DEG damages the kidneys, liver, and nervous system, causing acute renal failure, with early symptoms like vomiting, abdominal pain, and lethargy leading to death without quick treatment.
- In pharmaceutical syrups, safe solvents such as glycerine or propylene glycol are normally used, but cost-cutting or negligence can lead to substitution or contamination with DEG.
- Global DEG poisoning incidents have caused over 300 child deaths since 2022, including 70 deaths in The Gambia (2022), 57 in Nigeria (2008–09), and 105 in the U.S. (1937).

- The tragedy exposes regulatory lapses in drug quality control and solvent verification, especially in unregulated or low-cost manufacturing environments.
- WHO and national regulators now urge stricter solvent testing,
 supplier audits, and pharmaceutical-grade raw material use to
 prevent future DEG-related deaths.

18. Exercise Konkan 2025 - Strengthening India-UK Naval Partnership

- Exercise Konkan 2025 marked a historic milestone as India's INS
 Vikrant and the UK's HMS Prince of Wales carrier strike groups
 operated together for the first time in a complex maritime environment.
- The biennial naval exercise, held along India's Konkan coast, aimed to enhance interoperability, maritime security, and air-sea coordination between the two Blue Water navies.
- The exercise featured joint carrier operations, air defence and antisubmarine warfare drills, and coordinated maritime patrols, showcasing seamless tactical integration.
- It was conducted under the UK's Operation Highmast Indo-Pacific deployment, reflecting Britain's renewed focus on the Indo-Pacific and Euro-Atlantic security linkages.
- A combined formation of both aircraft carriers and escort ships symbolised the deepening India-UK strategic maritime partnership.
- The drill reinforced shared values of a rules-based international order, freedom of navigation, and a free and open Indo-Pacific.
- The success of Konkan 2025 paves the way for future multidomain cooperation, including tri-service exercises and greater coordination in emerging security domains.

19. First Record of Orb-Weaving Spider Araneus nox in India – Idukki Wildlife Sanctuary, 2025

- The 2025 monsoon biodiversity survey at Idukki Wildlife Sanctuary (Kerala) recorded the first-ever presence of the orb-weaving spider Araneus nox in India, previously known only from Southeast Asia.
- Araneus nox was originally described in 1877 from the Philippines;
 the Idukki finding included both male and female specimens,
 marking a new geographical record for the species.
- The survey was conducted by the Centre for Arachnology Research,
 Bharata Mata College, in August-September 2025, identifying 82
 spider species across 20 families.
- Three Western Ghats endemic spiders—Bowie cochinensis,

 Prosoponoides idukkiense, and Mimetus parvulus—were also recorded,
 highlighting the region's ecological uniqueness and vulnerability.
- The findings reaffirm the Western Ghats as a global biodiversity
 hotspot, with high levels of endemism and habitat-specific diversity.
- The study underscores the importance of long-term taxonomic and ecological surveys in detecting hidden species and guiding wildlife conservation planning.
- The Idukki Sanctuary authorities plan continued multi-species surveys (including amphibians and fish) to monitor ecosystem health and strengthen biodiversity conservation strategies.

AWARDS / PRIZES

20.Kalaimamani Awards 2021–2023 – Celebration of Tamil Arts and Culture

- The Kalaimamani Awards (2021–2023) were presented by the Tamil
 Nadu Government to honour excellence in Tamil literature, music,
 and theatre.
- The awards highlight art as the guardian of Tamil language and identity, stressing that language, art, and culture are deeply interconnected.
- Artists were encouraged to spread Tamil art and culture globally and preserve the spirit of Tamil identity.
- M.S. Subbulakshmi Award was conferred on K.J. Yesudas, noted vocalist and playback singer.
- Bharathiyar Award was presented to N. Murugesapandian for his literary contributions, and Balasaraswathi Award to Muthukannamal, a renowned dancer.
- The awards aim to revive ancient art forms and support artists'
 livelihoods through financial and institutional backing by the Iyal Isai
 Nataka Mandram.
- The initiative promotes Tamil arts at national and international levels, enhancing cultural exchange and global recognition of Tamil heritage.

21.Nobel Prize in Literature 2025 – László Krasznahorkai (Hungary)

- Hungarian author László Krasznahorkai won the 2025 Nobel Prize in Literature, announced on 9 October 2025 by the Royal Swedish Academy of Sciences.
- He was honoured "for a compelling and visionary body of work exploring apocalyptic terror while affirming the enduring power of art."
- Born in 1954 near the Romanian border, Krasznahorkai is known for his dense prose, philosophical themes, and depiction of human despair and beauty.
- His **major works** include "Sátántangó" (1985), "Herscht 07769" (2025), and "Seiobo There Below" (2008) exploring spirituality, chaos, and artistic creation.
- The Nobel Committee lauded his **fusion of apocalyptic vision and artistic transcendence**, highlighting literature's role in confronting existential chaos.
- The prize carries a cash award of 11 million Swedish kronor (≈ ₹1.03 crore) and will be presented on 10 December 2025, Alfred Nobel's death anniversary.
- The award continues the Nobel tradition of recognising profound contributions to global culture and human understanding through literature.

22.Venezuelan Leader Maria Corina Machado Wins 2025 Nobel Peace Prize

- Maria Corina Machado of Venezuela won the 2025 Nobel Peace Prize for her efforts in promoting democratic rights and leading
 Venezuela's transition to democracy.
- Known as the "Iron Lady of Venezuela", she was honoured for her
 courageous civilian leadership and commitment to democratic values.

- She was featured in **Time Magazine's 100 Most Influential People of 2025**, recognising her global impact.
- Her movement is regarded as one of the most significant examples of civilian courage in Latin America in recent decades.
- The Nobel Peace Prize carries a cash award of 11 million Swedish kronor (≈ USD 1.2 million).
- The award ceremony will be held in Oslo on December 10, 2025, the death anniversary of Alfred Nobel.
- Machado's recognition highlights the global importance of democratic resilience and human rights advocacy in conflict-prone regions.

IMPORTANT DAYS

CHINIMAYA ACADEMY

23. International Day of the Girl Child - 11 October 2025

- **Observed on:** 11 October every year to **recognize and promote girls' rights** and address gender-based challenges.
- **2025 Theme:** "The girl I am, the change I lead: Girls on the frontlines of crisis."
- Adopted by the UN General Assembly on 19 December 2011, giving global recognition to the day.
- The day focuses on empowerment, education, health, and protection of girls, ensuring equal human rights and opportunities.
- National Girl Child Day in India is observed annually on 24 January to promote awareness about gender equality.
- Key statistics:
 - 133 million girls globally do not attend school.

- 4 in 10 adolescent girls (15–19) do not complete higher secondary education.
- o 1 in 4 girls experience intimate partner violence.
- The observance calls for policy action and community participation to remove barriers in education, employment, and safety for girls worldwide.

24.World Mental Health Day - 10 October 2025

- Purpose: Observed globally to raise awareness about mental health issues and advocate for accessible mental healthcare.
- Initiation: Started by the World Federation for Mental Health (WFMH) in 1992.
- Theme 2025: "Mental Health in Humanitarian Emergencies" focuses on psychological support for populations affected by conflicts, disasters, and crises.
- India's Mental Health Status: Reports a high burden of 2443 DALYs per 100,000 and an age-adjusted suicide rate of 21.1 per 100,000.
- The country faces severe treatment gaps (70-92%) due to stigma,
 cost, and lack of mental health professionals.
- Deepika Padukone was appointed as India's first-ever Mental Health
 Ambassador by the Union Ministry of Health & Family Welfare on 10
 October 2025.
- The observance reinforces **mental health as a global public health priority**, linking awareness, early intervention, and destignatisation.





